

# Oscar & Bentleys' Plant-Based Menu

## Welcome

At Oscar & Bentleys we love food;  
we know you do too!

Head Chef, Mark Kennett and his team use fresh,  
locally-sourced food  
that's full of flavor and colour to  
develop our vegan dishes;  
so you'll be spoiled for choice.

As always, if you have any food allergies  
please let us know. We have become established  
as a haven for those with allergies;  
we have won national awards  
for both our food quality and the processes that go  
on behind the scenes to  
ensure our food is safe and delicious.  
We apply those same standards to  
producing our vegan food.

We know you take your vegan lifestyle seriously –  
we want to assure you that  
we do too!

Enjoy

Sarah & Katherine  
Proprietors

## Starters

### **Chef's Soup of the Day** 6.<sup>25</sup>

Warm, 'brioche' style toast

### **Lebanese Cauliflower** 6.<sup>25</sup>

Garlic dip & Lebanese nuts & spices (contains nuts)

### **Baked Portobello Mushroom** 6.<sup>50</sup>

Avocado & chimichuri

## Mains

### **Seasonal Risotto** 13.<sup>25</sup>

Changes regularly!

Please see Specials Board

### **Sweet Potato Salad** 9.<sup>95</sup>

Mini onion bhaji, lentil, quinoa, carrot, spring onion, seeds,  
chick peas, coriander, tomato chutney

### **Butternut Squash Cassoulet** 14.<sup>25</sup>

Parsnip, fine beans, colcannon,

Sage & onion sweet potato dumplings

### **BBQ Lentil Burger** 8.<sup>95</sup>

Avocado, tomato, lettuce, chili sauce

## Pudding

### **Chocolate Orange Tart** 6.<sup>50</sup>

Toasted almonds, vanilla 'ice cream'

### **Sticky Toffee Pudding** 6.<sup>50</sup>

Toffee sauce & vanilla 'ice cream'

### **Seasonal Crumble** 6.<sup>50</sup>

Vanilla 'ice cream'



## Nibbles & Sides

Harlequin Olives 3.<sup>00</sup>

Chips 3.<sup>50</sup>

Onion Rings 3.<sup>50</sup>

House Salad 3.<sup>50</sup>

## Wine & Beer

We have a selection of vegan wine & beer  
Please see main drinks menu for details

## Lunch

We have lunch specials available until 4pm every day  
Please speak to your server for details

## Allergies & Intolerances

Please ensure you inform us of any allergies &  
intolerances.  
All our meals are gluten free